

## Summer Sea Term (SST) Packing List 2025

The quantities of uniforms and equipment specified in this list represent **MINIMUM REQUIREMENTS ONLY**. Each Cadet is responsible to assess his/her own needs and bring any amount **OVER – NOT UNDER** – the figures listed below.

*Salt & Pepper Uniform:* This uniform consists of the white short-sleeve poly shirt with shoulder boards, a white crew-neck t-shirt, black dress trousers with black web belt and brass buckle, HP with white cover or black garrison cap, black polished shoes.

### **REQUIRED Uniform Items:**

<b>Item</b>	<b>Description</b>	<b>Quantity</b>
Belts:	Black Web	1
	Khaki Web	1
Belt Buckles:	Plain brass buckle <i>OR</i> TSSOM buckle	1
Caps/Covers:	MMA Baseball Cap and/or SST Cap	1
	Dress Cover (HP with white cover)	1
	Khaki Garrison	1
	Watchcap (black knit with Carhartt logo)	1
Uniform Jackets:	Black Eisenhower <i>OR</i> Viking Jacket (may be worn with relaxed or salt & pepper uniform)	1
Foul Weather Jackets:	3-in-1 Jacket <i>OR</i> Carhartt	1
	Grunden's <i>OR</i> Raincoat	
Name Tags:	Plastic colored	2
	Leather	1
	Yellow Velcro (CR103 <i>ONLY</i> )	2
Shirts:	Long-sleeved blue chambray (100% cotton) (CE/CD303 <i>ONLY</i> )	2
	White poly short-sleeved with shoulder boards	1
	Blue polo with MMA seal	1
Shoes:	Safety Toe Work Boots	1 pair
	Black service dress (Bates)	1 pair
	Sneakers/athletic shoes (must be closed toe)	1 pair
Socks:	Black dress, crew length (worn with dress shoes)	3 pair
	White athletic (may be worn with work boots)	6 pair
Sweater:	Black Wooly Pulley with leather nametag	1
Sweatshirt:	Blue crew neck with large yellow MMA letters	1
T-Shirts:	Navy blue crew neck (100% cotton)	6
	White crew neck (100% cotton)	3
Trousers:	Blue Carhartt work pants (100% cotton) (CE/CD303 <i>ONLY</i> )	2 pairs
	Dickies khaki (cotton)	2 pairs
	Black dress pants	1
Coveralls:	Navy Blue Scandia coveralls (CR103 <i>ONLY</i> )	2
Undergarments:		6

## REQUIRED Non-Uniform Items:

Item:	Quantity:
Maintenance Tool Bag w/ all necessary tools ( <i>ALL</i> Freshman & Junior Engineers)	1
Laptop w/ charger	1
Batteries (extra)	As required
Laundry Bag	1
Marking kit/pens (white & black)	1 set
Personal toiletries (see below for additional recommendations)	As required
Sunscreen	1 each
Sunglasses	1 pair
Pillow and Pillowcase	1 each
MMA blanket <i>OR</i> non-MMA blanket	1 each
Sheets (may be fitted)	2 sets
Feminine Hygiene Products	Enough for cruise
Deodorant	As required
Soap/body wash	As required
Towels and Washcloths	3 each
Shower shoes: flip-flops/crocs ( <b>FOR SHOWER &amp; SHORE/LAND USE ONLY!</b> )	1 pair
Hangers (for clothing)	6 each
Water bottle	1
Dramamine (for seasickness)	As required
Medications/ Medical supplies (enough to last through SST)	As required
Pocket sized notebook (Wheelbook)	1
Blue/Black Pens & Pencils w/ Eraser	As Required
Notebook/School Supplies	As Required

**REQUIRED Documents:**

<b>Item:</b>	<b>Quantity:</b>
Passport	1
MMC CD & CE 303	1
MMA ID	1
TWIC Card	1
Medical Cert	1
Medical Insurance Card	1

**RECOMMENDED Uniform Items:**

<b>Item:</b>	<b>Quantity:</b>
Navy blue Carhartt Jacket <i>OR</i> Float Coat	1
Long Johns, cotton	1 set
Other foul weather jackets, pants, coats, gloves, scarves, etc.	As required
Khaki shorts (no pleats)	1 pair

**OPTIONAL Uniform Items:**

<b>Item:</b>	<b>Quantity:</b>
Coveralls (Scandia, navy blue, only optional for CE/CD303)	2
Boat shoes	1 pair

**OPTIONAL Non-Uniform Items:**

<b>Item:</b>	<b>Quantity:</b>
Fabric softener sheets ( <b>DO NOT BRING LAUNDRY SOAP!</b> )	As required
Additional Blanket/Quilt	2
Camera/phone	1
Clock (wind-up and/or battery)	1
Gym attire	As required
Covered coffee cup	1
Padlock	1
Shoeshine Kit	1
Sleeping bag	1
Swimsuit	1
Camp chair or Beach chair	1
Aloe Vera/After Sun lotion	1

**RECOMMENDED Toiletry Items:**

<b>Item:</b>	<b>Quantity:</b>
Gold Bond Powder (to keep boots dry)	1
Moisturizing Hand Cream	1
Nail Clippers	1
Hand Soap	2
Chapstick	As required

**THE ABOVE ARE MINIMUMS ONLY.** You may bring more if you desire. Ensure you bring enough civilian attire for the different climates you may encounter while on SST.

## **RECOMMENDATIONS:**

1. An external hard drive can be a valuable tool. They are a great way to keep and transfer files, and are highly recommended for Cadet Shipping, so purchasing one now can be a great investment.
2. Bring enough extra batteries for your devices.
3. Individuals wearing glasses should bring TWO PAIRS in case one pair is lost or broken. Those wearing contact lenses should either bring an extra pair of contacts or a pair of glasses, which may be used if the contacts are lost, misplaced, etc., and an extra bottle of contact lens solution for contact lenses. Those requiring glasses or contacts should also bring their prescriptions so a new pair can be made for them in port if necessary.
4. **MEDICATION** – ENSURE that if you are on any special medication that you notify the Ship's doctor and/or nurse, immediately, as soon as SST begins. Bring prescribed medications with you as necessary but ensure that the medical department is aware of what you have on board. Medication that needs to be refrigerated may be stored in the ship's medical department. Midshipmen requiring refrigerator storage for medication must make arrangements with the ship's medical department.
5. There is a large video/book lending library aboard for everyone's use. Bring headphones or earbuds when using your computer to watch videos. Don't disturb your roommates' sleep.
6. **BRING YOUR MEDICAL INSURANCE CARD.**
7. If you are bringing cash, be sure to bring a padlock or lockable container to keep your valuables secure.

NOTE: The Academy/Ship is not liable for any damage, lost, stolen or broken goods, equipment, property, or laundry. This includes laundry done by the ship's laundry as well as laundry done by individuals using the laundry facilities on the ship.

## TOOLS

Personal tools required for shipboard maintenance (<https://mainemaritime.edu/tssom-training-SST-blog/tools/>):



4-Way Multi-Tip Screwdriver, Channel Locks Model 420, 6 Inch Crescent Wrench



FLASHLIGHT: Practical size that fits in your pocket and bright/beamed enough to illuminate bilge recesses. Should be OSHA Approved and Explosion Proof.

**ADDITIONAL SAFETY GEAR YOU MUST BRING/PROVIDE:**

1. Safety Glasses – Clean and Tinted (Must be labeled as compliant with ANSI Z87 standard)
2. Steel Toed Boots (composite toe protection acceptable)
3. Outer Wear appropriate for season (you may be assigned to work outside or in non-climate controlled spaces). Dress in layers.
4. Muff type hearing protection (For engineers, you will be wearing these a significant amount so spending money on a safe, comfortable pair will benefit you greatly)
5. Reusable ear plugs (several sets)
6. Work gloves
7. Knife (Pack this item in your checked bag that will go in plane cargo hold)
8. Hard Hat with chin strap (This will be issued to you): **NO STICKERS, WRITING, DRAWINGS OR LOGOS ARE PERMITTED** on the hard hats.
  - a. **WRITE YOUR NAME WITH A SHARPIE MARKER ON THE INSIDE OF THE HARD HAT ALONG THE VISOR EDGE.**
9. All clothing is to be tucked in and buttoned up as applicable. Loose clothing and/or hair presents significant risk in getting caught in doors, exposed mechanisms, and rotating machinery.
10. Always carry a pocketknife.

## **Engineers Academic Supplies Packing List**

### **ENGINE 2C:**

- TS Kennedy Engine Training Manual
- Mariner Advancement Stick Drive (for USCG Question Study Material)

### **ENGINE 4C:**

- TS Kennedy Engine Training Manual
- Stencils (for engineer drawings)

## **CD303 Academic Supplies Packing List**

To support your academic endeavors during SST on the TSSOM, you should have the following books, texts, PDFs, and equipment. Items are available in the MMA Bookstore for purchase.

### **Required Materials:**

- Scientific Calculator
- Plotting Instruments – Dividers, Compass, triangles and / or parallel rules.
- **One pad of Universal Plotting Sheets** (for your navigation project)
- 3 Ring Binder, 1” (for your navigation project)
- Lined Paper (3 ring, loose-leaf to go in your binder)
- Your class notes from CNav, TNav II, and ANav

### **License Prep Materials** (only for those who intend to study for USCG exams):

- Bowditch 1981 Vol. II
- Nautical Almanac 1981
- HO 229
- Tides and Currents Tables 1981
- Pub. 102
- Light Lists for BIS, LIS, and Chesapeake
- Pub. 117
- Chemical Data Guide 1990 Edition
- Stability Data Reference Book
- Chart 12221- TR
- Chart 12354- TR
- Chart 13205- TR



- Chart 5270
- Chart 5274
- Maneuvering Boards
- Plotting Sheet 923
- Plotting Sheet 924
- Plotting Sheet 925
- Star Finder
- Mariner Advancement (optional)