

Cruise Packing List 2023

The quantities of uniforms and equipment specified in this list represent **MINIMUM REQUIREMENTS ONLY**. Each MIDN is responsible to assess his/her own needs and bring any amount **OVER – NOT UNDER** – the figures listed below.

Salt & Pepper Uniform: This uniform consists of the white short-sleeve poly shirt with shoulder boards, a white crew-neck t-shirt, black dress trousers with black web belt and brass buckle, HP with white cover or black garrison cap, black polished shoes (Bates or Rocky Postal Shoe).

REQUIRED Uniform Items:

| Item | Description | Quantity |
|----------------|--|-----------------|
| Belts: | Black Web | 1 |
| | Khaki Web | 1 |
| Belt Buckles: | Plain brass (or one brass and one TSSOM buckle) | 1 |
| Caps/Covers: | MMA Baseball Cap and/or 2022 Cruise Cap | 2 |
| | Dress Cover (HP with white cover or black garrison) | 1 |
| | Khaki Garrison | 1 |
| Jackets: | Black Eisenhower or Viking Jacket (may be worn with khakis or salt & pepper uniform) | 1 |
| Name Tags: | Plastic colored | 2 |
| | Leather | 1 |
| Shirts: | Long-sleeved blue chambray (100%) cotton | 2 |
| | Dickies khaki short-sleeved (cotton) | 2 |
| | White poly short-sleeved | 1 |
| | Blue polo with MMA seal or TSSOM logo | 1 |
| Shoes: | Safety, teal toe Carolina or industry-approved boot | 1 pair |
| | Black service dress (Bates) or Rocky Postal | 1 pair |
| | Sneakers/athletic shoes | 1 pair |
| Socks: | Black dress, crew length (worn with dress shoes) | 3 pair |
| | White athletic (may be worn with work boots) | 6 pair |
| Sweater: | Black Woolly Pulley with leather nametag | 1 |
| Sweatshirt: | Blue crew neck with large yellow MMA letters | 1 |
| T-Shirts: | Navy blue crew neck (100% cotton) | 6 |
| | White crew neck (100% cotton) | 3 |
| Trousers: | Blue Carhartt work pants (100% cotton) | 2 pairs |
| | Dickies khaki (cotton) | 2 pairs |
| Undergarments: | | 6 |

REQUIRED Non-Uniform Items:

| Item: | Quantity: |
|---|------------------|
| Maintenance Tool Bag w/ all necessary tools (if required) | 1 |
| Laptop | 1 |
| Batteries (extra) | As required |

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|--|-------------|
| Fabric softener sheets (DO NOT BRING LAUNDRY SOAP!) | As required |
| Laundry Bag | 1 |
| Marking kit/pens (white & black) | 1 set |
| Personal toiletries (see below for additional recommendations) | As required |
| Sunscreen | 1 each |
| Sunglasses | 1 pair |
| Pillow and Pillowcase | 1 each |
| MMA blanket | 1 |
| Non MMA blanket | 1 |
| Sheets (may be fitted) | 2 sets |
| Soap/body wash | As required |
| Towels and Washcloths | 3 each |
| Shower shoes (flip-flops/crocs) | 1 pair |
| Hangers (for clothing) | 6 each |
| Water bottle | 1 |
| Passport | 1 |
| MMA ID Card with picture | 1 |
| TWIC Card | 1 |
| Medical Insurance Card | 1 |
| Dramamine (for seasickness) | 1 |
| Medications/ Medical supplies (enough to last through Cruise) | As required |

RECOMMENDED Uniform Items:

| Item: | Quantity: |
|--|------------------|
| Watchcap (black knit with Carhartt logo) | 1 |
| Navy blue Carhartt, Duck Detroit style J01 (may be worn with work blues or boiler suit ONLY) <i>OR</i> Float Coat | 1 |
| Long Johns, cotton | 1 set |
| Other foul weather jackets, pants, coats, gloves, scarves, etc. | As required |

OPTIONAL Uniform Items:

| Item: | Quantity: |
|---|------------------|
| Boiler Suit (100% cotton, solid grey only) | 2 |
| 2023 Cruise, Boat Squad, E-Squad, or Yeoman t-shirt | 1 |
| Boat shoes | 1 pair |
| Khaki shorts (no pleats) | 1 pair |

OPTIONAL Non-Uniform Items:

| Item: | Quantity: |
|--------------------------------|------------------|
| Blanket/Quilt | 2 |
| Camera/phone | 1 |
| Clock (wind-up and/or battery) | 1 |
| Gym attire | As required |

| | |
|----------------------------|-------------------------------|
| Covered coffee cup | 1 |
| Padlock | 1 (optional 2 nd) |
| Shoe Shine Kit | 1 |
| Sleeping bag | 1 |
| Swimsuit | 1 |
| Camp chair or Beach chair | 1 |
| Aloe Vera/After Sun lotion | 1 |

RECOMMENDED Toiletry Items:

| Item: | Quantity: |
|--------------------------------------|------------------|
| Gold Bond Powder (to keep boots dry) | 1 |
| Moisturizing Hand Cream | 1 |
| Nail Clippers | 1 |
| Hand Soap | 2 |
| Chapstick | As required |

THE ABOVE ARE MINIMUMS ONLY. You may bring more if you desire. Ensure you bring enough civilian attire for the different climates you may encounter while on Cruise.

RECOMMENDATIONS:

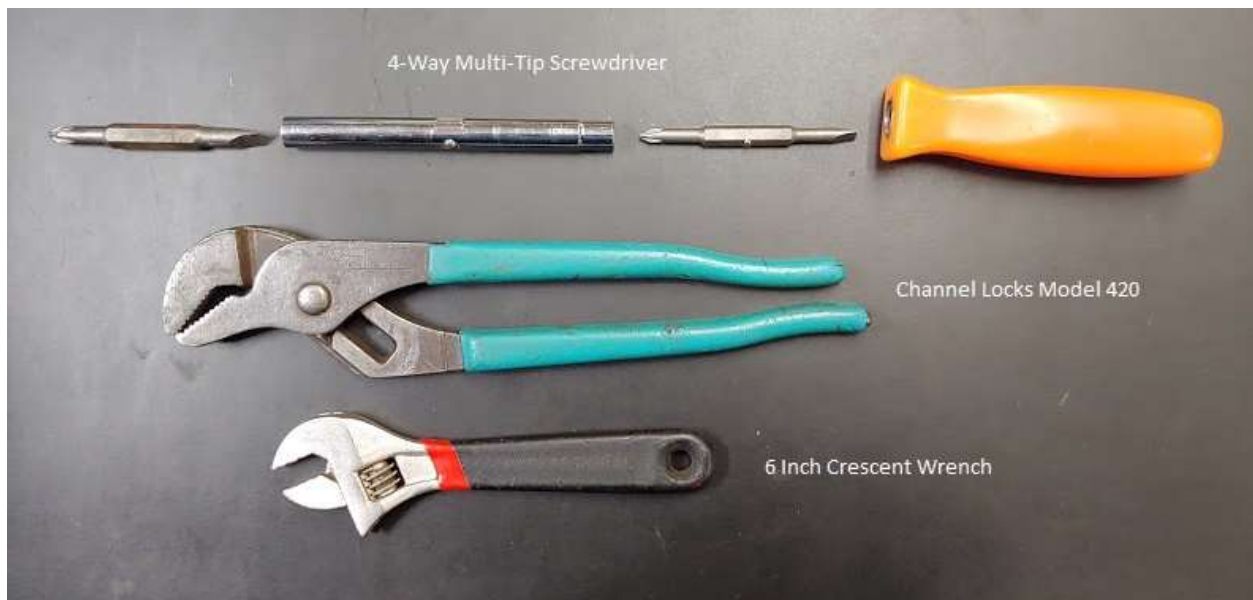
1. **A laptop computer is a requirement for cruise! DO NOT** bring any surge protector or power strips as they are fire hazards aboard ship. One shipboard approved power strip will be provided per stateroom and available in freshman berthing spaces.
2. Although not required, an external hard drive can be a valuable tool. They are a great way to keep and transfer files, and are highly recommended for Cadet Shipping, so purchasing one now can be a great investment.
3. Bring enough extra batteries for your devices. Special batteries may not be available in the ship's store and in some cases not available in the different cruise ports.
4. Individuals wearing glasses should bring TWO PAIRS in case one pair is lost or broken. Those wearing contact lenses should either bring an extra pair of contacts or a pair of glasses, which may be used if the contacts are lost, misplaced, etc., and extra solution for contact lenses. Those requiring glasses or contacts should also bring their prescriptions so a new pair can be made for them in port if necessary.
5. **MEDICATION** – ENSURE that if you are on any special medication that you notify the Ship's doctor and/or nurse, immediately, as soon as cruise begins. Bring prescribed medications with you as necessary but ensure that the medical department is aware of what you have on board. Medication that needs to be refrigerated may be stored in the ship's medical department. Refrigerators are NOT authorized for student staterooms. Midshipmen requiring refrigerator storage for medication must make arrangements with the ship's medical department.
6. There is a large video/book lending library aboard for everyone's use. Bring headphones or earbuds when using your computer to watch videos. Don't disturb your roommates' sleep.
7. **BRING YOUR MEDICAL INSURANCE CARD.** This will be used as the primary payment for any injuries/illnesses that may occur while on cruise and/or in port.

8. If you are bringing cash on cruise, be sure to bring a padlock or lockable container to keep your valuables secure.

NOTE: The Academy/Ship is not liable for any damage, lost, stolen or broken goods, equipment, property, or laundry. This includes laundry done by the ship's laundry as well as laundry done by individuals using the laundry facilities on the ship.

TOOLS

Personal tools required for shipboard maintenance (<https://mainemaritime.edu/tssom-training-cruise-blog/tools/>):



4-Way Multi-Tip Screwdriver, Channel Locks Model 420, 6 Inch Crescent Wrench



FLASHLIGHT: Practical size that fits in your pocket and bright/beamed enough to illuminate bilge recesses. Should be OSHA Approved and Explosion Proof.

ADDITIONAL SAFETY GEAR YOU MUST BRING/PROVIDE:

1. Safety Glasses
2. Steel Toed Boots (composite toe protection acceptable)
3. Outer Wear appropriate for season (you may be assigned to work outside or in non-climate controlled spaces). Dress in layers.
4. Muff type hearing protection (For engineers, you will be wearing these a significant amount so spending money on a safe, comfortable pair will benefit you greatly)
5. Reusable ear plugs (several sets)
6. Work gloves
7. Knife

All clothing is to be tucked in and buttoned up as applicable. Loose clothing and/or hair presents significant risk in getting caught in doors, exposed mechanisms, and rotating machinery.

Always carry a pocket knife.

CD303 Academic Supplies Packing List

To support your academic endeavors during cruise on the TSSOM, you should have the following books, texts, PDFs, and equipment. Items are available in the MMA Bookstore for purchase.

Required Materials:

- Scientific Calculator
- Plotting Instruments
- One pad of Universal Plotting Sheets (for your navigation project)
- 3 Ring Binder, 1" (for your navigation project)
- Lined Paper (3 ring, loose-leaf to go in your binder)
- Your class notes from CNav, TNav II, and ANav

License Prep Materials (only for those who intend to study for USCG exams):

- Bowditch 1981 Vol. II
- Nautical Almanac 1981
- HO 229
- Tides and Currents Tables 1981
- Pub. 102
- Light Lists for BIS, LIS, and Chesapeake
- Pub. 117
- Chemical Data Guide 1990 Edition
- Stability Data Reference Book
- Chart 12221- TR
- Chart 12354- TR
- Chart 13205- TR
- Chart 5270
- Chart 5274
- Maneuvering Boards
- Plotting Sheet 923
- Plotting Sheet 924
- Plotting Sheet 925
- Star Finder
- Marine Advancement (optional)