

**APPLICATION FOR MEDICAL CERTIFICATE CG-719K (PHYSICAL FORM)**

The medical certificate is a document that serves as proof that a mariner meets required medical and physical standards, which are detailed in the USCG Navigation and Vessel Inspection Circular 04-08 (NVIC 04-08). Mariners **must** hold a valid Medical Certificate to sail under the authority of their MMC.

The CG-719K form is a 10-page document that consists of instructions and 11 sections that must be completed by the applicant and a medical practitioner. Applicants are strongly encouraged to read the entire physical form and be familiar with its contents and the questions that the medical practitioner will be asking.

**Before the appointment, you should complete the following:**

**TYPE All Information on pages 3-6. Handwritten pages 3-6 will not be accepted.**

Page 3, Section I: Applicant Information - Make sure you TYPE your full middle name, not just your middle initial. If you have a mariner reference number, you MUST enter that instead of your social security number.

Include your personal email address. You will be responsible for correspondence with the Coast Guard including Amplifying Information requests. It is in your best interest to leave 'MMACredentialing@mma.edu' in the 'other' field.

Uder Endorsement Held or Sought:

Original Med Cert (everyone) and OS Renewals:

Endorsement Held or Sought (Check all that apply or the Coast Guard will not accept the application):

Deck  Engine  Food Handler  STCW  Entry-level with lookout duties

U.S. Registered Pilot (Great Lakes Pilotage)  First-Class Pilot or those Serving as Pilot (Federal Pilotage/46 CFR 15.812)

Other (Please explain): \_\_\_\_\_

Deck - Third Mate, SVO, VOT

Endorsement Held or Sought (Check all that apply or the Coast Guard will not accept the application):

Deck  Engine  Food Handler  STCW  Entry-level with lookout duties

U.S. Registered Pilot (Great Lakes Pilotage)  First-Class Pilot or those Serving as Pilot (Federal Pilotage/46 CFR 15.812)

Other (Please explain): \_\_\_\_\_

Engine - Third Assistant Engineer

Endorsement Held or Sought (Check all that apply or the Coast Guard will not accept the application):

Deck  Engine  Food Handler  STCW  Entry-level with lookout duties

U.S. Registered Pilot (Great Lakes Pilotage)  First-Class Pilot or those Serving as Pilot (Federal Pilotage/46 CFR 15.812)

Other (Please explain): \_\_\_\_\_

Page 4, Section III(a): Medical Conditions, answer if you have a medical waiver and check the appropriate box for all 34 items.

Page 6, Section IV: Medications, filling in all medications (prescription or nonprescription), dietary supplements and vitamins; that were filled, refilled, and/or taken within 30 days or used for a period of 30 or more days within the last 90 days prior to the date you sign the CG719K.

Once the above is complete, **Print all 10 pages of the CG-719K and bring it to the appointment.**

**During the appointment, the medical practitioner will complete:**

Page 2, Section XI: Application Consent (Optional)

Page 3, Section II: Food Handler Certification

Page 4, Section III(a): Medical Conditions – Initial and Date

Page 5, Section III(b): Medical Conditions – Must be completed for each item marked yes

Page 6, Section IV: Medications – Medical Practitioner Comments (if Applicable)

Page 6, Section V: Physical Examination

Page 7, Section VI: Vision & Section

Page 7, Section VII: Hearing

Page 8, Section VIII: Demonstration of Physical Ability

Page 9, Section IX: Summary

**After the appointment, you should complete the following:**

Page 9, Section X: Application Certification – Sign and date.

Page 10, Section XI: Applicant Consent – Sign and date in sections a., b. and c.

If you have questions or for additional details, please review the USCG Application Video Guide:

[dco.uscg.mil/Portals/9/NMC/video/719K/index.html?ver=gyp3jWCwYI7VM\\_zoD62ZbQ%3d%3d](https://dco.uscg.mil/Portals/9/NMC/video/719K/index.html?ver=gyp3jWCwYI7VM_zoD62ZbQ%3d%3d)

Unless an applicant is in excellent physical condition and health, there is a chance that the applicant may answer “yes” to any one of the numerous questions. Some of these answers may generate a request from the medical review board for Amplifying Information (AI). The purpose of AI is to shed light on the condition’s original diagnosis, treatment plan, the patient’s response to treatment, and the patient’s ability to manage their own care.

Applicants must be cognizant of all deadlines if AI is requested. Usually, an applicant has 60 days to provide the requested information; however, it is important to note that while the NMC is awaiting the information, the application is on hold. If the deadline passes without a response, the applicant will “time out” which would require that a new application be submitted.

**APPLICANTS ARE RESPONSIBLE FOR PROVIDING AMPLIFYING INFORMATION (AI) IN A TIMELY MANNER. HEALTH SERVICES AND THE STCW COORDINATOR ARE AVAILABLE TO ASSIST.**

### **Waivers**

Not every medical condition requires a waiver. Applicants with medical conditions may be issued a medical certificate with or without limitations, waivers, or restrictions, as specified by the Coast Guard. Other applicants may be approved with a medical waiver, which puts a limitation/restriction on the medical certificate.

For example, if a student takes medication for ADD/ADHD, the USCG may ask for an annual update on medication, especially when the medication is changed or discontinued. Another example is a vision waiver in which an applicant with impaired vision may be directed to always carry a spare pair of glasses with them.

### **Potentially Disqualifying Medical Conditions**

There are a few potentially disqualifying conditions, including but not limited to, impaired vision, impaired color vision, impaired hearing, poorly controlled diabetes, certain psychiatric disorders, syncope or convulsive disorders. If an applicant feels that they have a condition that is potentially disqualifying, they should contact Health Services and the STCW License Coordinator.

### **Vision Standards (ref. 46 CFR 10.305)**

**Deck:** Applicants for an STCW endorsement must have correctable vision to at least 20/40 in both eyes and uncorrected vision of at least 20/200 in both eyes. The color sense must be determined to be satisfactory when tested by any of the following methods or an alternative test acceptable to the Coast Guard, without the use of color-sensing lenses:

- (i) Pseudoisochromatic Plates (Dvorine, 2nd Edition; AOC; revised edition or AOC-HRR; Ishihara 14-, 24-, or 38-; plate editions), (ii) Farnsworth Lantern. (iii) Titmus Vision Tester/OPTEC 2000, (iv) Optec 900. (v) Richmond Test, 2nd and 4th edition.

**Engine:** A mariner must have correctable vision to at least 20/50 in one eye and uncorrected vision of at least 20/200 in the same eye and need only the ability to distinguish the colors red, green, blue, and yellow. The color sense must be determined to be satisfactory when tested by any color-vision test listed above, or an alternative test acceptable to the Coast Guard, without the use of color-sensing lenses. The Coast Guard will accept Farnsworth D-15 Hue Test as a color vision test to meet the engine requirements.

### **Visual Waivers and Operational Limitation**

Any applicant whose uncorrected vision does not meet the 20/200 standard and is correctable to listed standards above may be granted a medical waiver. If a vision waiver is granted, a limitation will be placed on the medical certificate indicating the mariner may not serve under the authority of the endorsement unless corrective lenses are worn and spare lenses are carried onboard a vessel. An applicant whose uncorrected vision is worse than 20/200, but correctable to the standards listed in 46 CFR 10.305 (a) and (b), may be considered for a medical waiver. Waivers are not generally granted to applicants whose corrected vision in the better eye is not at least 20/40, for deck officers, or 20/50, for engineer officers, in accordance with 46 CFR 10.305(c).