



ISSUE 6 · 11 AUGUST 2023

# UNDER WAY

Newsletter For Incoming Mariners of MMA

## LAUNDRY 101

First, for those of you who may not yet know how to do a load of laundry, get a lesson or two from a family member in the next week so that you're all set for when you're living on campus.

Second, speaking on behalf of your future roommate, dirty laundry piled up in a room can really stink, so be a team player and regularly do your laundry. Your future roommate thanks you.

Third, be considerate of others and keep an eye on the time, and when your load finishes, go take care of it. No one likes it when someone leaves their completed laundry in a machine for hours at a time.

The laundry machines at MMA are pay-as-you-go, and you have a few options: 1) You can use a debit/credit card directly on the machines; 2) You can purchase a laundry card which you then pre-load money on; 3) You can download the CSCPayMobile laundry app and pre-load it with money.

A few neat features of the app: you can see your remaining balance on your phone as well as see if there's a free washer before schlepping it to the laundry room with your laundry basket only to find all the washers in use, and you can receive notifications when your laundry is done.



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# ACADEMIC TIPS

The transition from high school to college academics can be overwhelming and challenging for many students. Below are some tips to help you be successful in your academics.

- **Course Syllabus** - Typically on the first day of a class you'll be given a syllabus, which is your road map to the class. Read it, refer to it throughout the semester, and if you lose it, ask your instructor for a new copy, or photocopy a classmate's. A syllabus traditionally includes objectives for the class, grading criteria, course & attendance policies, required texts, and a schedule of due dates for assignments and projects, and test dates.
- **Show Up For Class** - Not only show up for class but show up on time. Showing up late to class is disrespectful to your instructor, as well as to your classmates. In courses where class discussions contribute to your grade, missing classes will negatively impact your grade. Not only this, but you're paying for your classes, so why waste your money by not going to them?
- **Extra Credit Opportunities** - Don't think of extra credit as an option to complete or not, rather think of it as a required task and take the initiative to complete it. Completed extra credit might bump you up from one letter grade to the next at the end of the semester.
- **Read The Assigned Readings** - At times it may seem like an instructor is assigning readings just for the sake of assigning readings, but in reality, they aren't going to assign a reading they don't think is important to your learning the subject content.
- **Take Advantage Of Your Instructors' Office Hours** - If you need extra help, or need an additional explanation of something covered in class, stop in and see your instructor during their office hours (which are usually noted in your course syllabus). You may not have been used to asking for help in high school, but asking for help or extra support in college is really common.
- **Take Advantage Of Easy Weeks** - Easy weeks might be the calm before the storm, so take advantage of them. Use the time to get ahead on some of your work, or to start a big project or paper that might be due later on in the semester. Your future self will thank you.
- **Change Your Surroundings** - If you find when you study in your room you're continually being drawn to watching Netflix, playing Xbox, or curling up in your bed, grab your laptop, textbook, etc., and find a new location to study in. That could be the lounge on your floor in Curtis, the Anchor Lounge on the first floor of Curtis, a picnic table outside, or a study pod in the library. Use watching an episode of your favorite show on Netflix, playing some Xbox, or taking a quick nap as a reward for a job well done after studying, completing a project, or working on an upcoming assignment, and not as a distraction.
- **Take Breaks** - Your brain can only absorb so much information at a time, so when you're studying, be sure to take breaks to allow your brain time to relax and rejuvenate.



## CAMPUS HIGHLIGHT

MMA's DEPARTMENT OF CAMPUS SAFETY provides a 24/7 presence on campus with a focus on emergency planning and response, student health and safety, parking management and enforcement, Academy policy enforcement, and fostering collaborative partnerships with students.

Peter Stewart is the Director of Campus Safety, Mike Roi is the Lead Security & Life Safety Officer, and they work alongside a number of Campus Safety Officers. The Campus Safety office, which is located in Windlass House, is staffed Monday-Friday from 7:00AM-3:00PM, and Campus Safety can be reached 24/7/365 by calling 207.326.2479. Save the number in your cell phone.

Located at Campus Safety is the armory where provisions can be made for the storage of hunters' firearms or archery equipment, recreational paintball guns, martial arts equipment, etc. as these items are not allowed anywhere else on campus. When students need access to their items in the armory, they just need to call Campus Safety and an officer will meet them at the Campus Safety office.

Campus Safety is also responsible for the security cameras throughout the Academy. MMA respects the privacy of the campus community and takes appropriate steps to balance that privacy against the safety needed on campus. Cameras are not a guarantee of safety but are an additional tool that assists Campus Safety and its officers.

## HOW TO CONTACT US

**Campus Safety**  
**[campussafety@mma.edu](mailto:campussafety@mma.edu)**  
**207.326.2479**

**Peter Stewart**  
**[peter.stewart@mma.edu](mailto:peter.stewart@mma.edu)**  
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**MAINE MARITIME ACADEMY  
WHERE A SMALL COMMUNITY  
FEELS LIKE A LARGE FAMILY**

## Did You Know:

Maine Maritime Academy, including its grounds, buildings, vehicles, ships, and boats, are smoke and tobacco-free. Also prohibited on the MMA campus is the use of electronic smoking devices.



## RA HIGHLIGHT

### Brody Hathorne



**Where Are You From:** Turner, Maine

**Year:** Junior

**Majors/Minor:** Marine Engineering Technology, with a minor in Nuclear Engineering

**Proudest Achievement To Date:**  
My cadet shipping rank

**If You Could Have A Talking Pet, What Would You Have?**  
A raven because they are one of the most intellectually gifted animals in the world.

**If You Could Be A Type Of Pasta, What Would You Be?**  
Spaghetti because it's versatile, simple, and gets the job done.

## Mark Your Calendar...

- Ship Jump | August 27
- Homecoming Weekend | September 29 – October 1
- Regimental Induction Ceremony | Saturday, October 7
- Indigenous Peoples' Day | October 9 (no classes)
- Curtis Hall Closes For Thanksgiving Break | November 17 at 5PM
- Thanksgiving Break | November 20 – 24
- Curtis Hall Reopens From Thanksgiving Break | November 26 at 1PM
- Fall Semester Exams | December 11 – 14
- Curtis Hall Closes For Winter Break | December 15 at 5PM