



ISSUE 4 · 14 JULY 2023

UNDER WAY

Newsletter For Incoming Mariners of MMA

PACKING SUGGESTIONS

As you prepare for your arrival to campus, you might be wondering about what items to bring with you. Here are some dos, don'ts, and suggestions to help get you going.

Talk to your roommate about what shared items like a TV, mini-fridge, microwave, etc. might be brought and by whom. Having two of these items will take up valuable real estate in your room.

Similarly, consider leaving your winter apparel at home, for now. If you'll be going home for a long weekend in October, or for Thanksgiving Break, bring your winter clothes back with you then.

Do leave all four or eight-legged, slithering, and winged friends at home. Fish and GigaPets are the only pets allowed in the res halls.

Don't bring items that pose a fire-safety risk such as candles, incense, space heaters, toasters, etc. Also leave at home air fryers, weapons (unless being stored in the armory on campus), air conditioners, and all Orbeeze & Nerf guns.

In Curtis, there are cleaning lockers that have brooms and dustpans, vacuum cleaners, and basic cleaning supplies like paper towels, disinfecting cleaning sprays, and rubber gloves for your use. If you want to bring some of your own cleaning supplies, great, or if you want to use what's provided, that's fine too.

Non-Reg students can [check out this link](#) for additional suggestions on what to bring. Students in the Regiment of Midshipmen should review the [Regimental Packing List](#).

This Issue:

Packing Suggestions

Q&As

Campus Highlight:
Dining Services

Castine Highlights:
Banks

RA Highlight:
Landen Parks

Did You Know?

Upcoming Dates

Where's The Anchor?

Q&As

Some of you have emailed Res Life with great questions over these past few weeks, and we figure others might also have the same question, so below we've compiled the questions you've asked and their answers.

Q: How will I find out who my roommate is?

A: On Monday, July 24 your roommate information will be posted to your [MyStudentLife](#) portal.

Q: What happens if my roommate and I have differences?

A: With any new relationship, there's going to be a learning period for both you and your roommate. Shortly after move-in, have a conversation with your roommate about expectations for the room - cleanliness, your willingness to share items, guests, etc. When an issue arises, address it immediately, and don't just ignore it in hopes it will go away on its own. If you need help figuring out how to have that face-to-face conversation, connect with your RA and they can help you out. Sometimes we all need alone time, so if your roomie wants some time alone, or doesn't want to always go to the gym with you, respect that, and don't fret about it. And for the love of all roommate humanity, don't hit your snooze more than once.

Q: What furniture is provided in the rooms? What are the room measurements? What size are the beds?

A: All the beds are Twin-XL. For other information about what's provided in the rooms, room measurements, etc., head on over to the [Res Life web page](#).

Q: What happens if I lock my room key in my room?

A: Come to the Curtis Front Desk and we can give you a "5-Minute" key so you can run up to your room, unlock your door, grab your key, and then return the "5-Minute" key.

Q: How safe is the MMA campus?

A: Campus, and the town of Castine, are both historically safe places. But as is always the case, crime can happen anywhere and at any time. Here are a few steps we can all take to help protect ourselves. If walking at night, take your AirPods out and be aware of your surroundings. Rock out to the latest Sheeran, Eilish, Grande, or Malik song when you get to your destination. Save Campus Safety's number in your cell phone (207.326.2479). If you see something, say something. Don't leave valuable items sitting out in the open inside a vehicle, and always lock the doors when you park. The Clery Act is a federal protection law that aims to provide transparency around campus crime statistics and policies. You can view [MMA's Annual Clery Report](#) here.

Q: The start of my first semester has got me feeling overwhelmed, what can I do?

A: First, this is completely normal for many new students. Between academics, athletics, the Regiment, having a social life, and maybe a job, learning how to manage your time can help reduce stress and feeling overwhelmed. Sometimes a late-night study session is needed, but don't let it become the norm. Be sure you're getting enough sleep each night. If your academics are causing you some stress, reach out to your faculty member early on for assistance. Don't let being a student be all work and no play. Join a student club or organization, or make an attempt to go to campus events each week to give yourself time to unwind. MMA's Counseling Services is also a great resource and we'll be highlighting that department in our next issue of Under Way, so stay tuned for additional information.

Q: Can I have guests come and visit me?

A: Yes, as long as your roommate is ok with it, your guest is 18 years or older, you register them on your MyStudentLife portal, and they don't stay longer than 72 hours. For Midshipman Under Guidance, you're able to begin having guests at the conclusion of RIC.



CAMPUS HIGHLIGHT

DINING SERVICES at MMA is managed by Sodexo and its dedicated team of employees who work hard to keep us all full day in and day out. The Dining Services team is led by General Manager, Carmen Montes. Also, a part of the team is Chelsea Champagne, MS, RD, LDN, who is the District Registered Dietitian and can work with you to ensure your dining needs are being met and that you have a safe dining experience.

The Main Dining Room / Mess Deck is an all-you-care-to-eat dining hall featuring the: Comfort Entrée Station; Daily Grill; Brick Oven Pizza; Salad Bar; Deli Sandwiches; Soups and Desserts stations; and new this past fall, the Serrano station featuring build-your-own burritos, tacos, and bowls. The Mess Deck also features a Simple Zone station which is stocked with Gluten-free, Dairy-free, Peanut & Tree Nut-Free items.

The Mess Deck's hours of operation are:
Monday-Thursday: 6AM-7PM | Friday: 6AM-6:30PM
Saturday-Sunday: 8AM-6PM

For those times you might be hungry a little later in the evenings after the Mess Deck closes, the Waypoint is your go-to. The Waypoint is located below the Mess Deck in the Alford Student Center.

Students living on campus can choose from three meal plans:

21 Meal Plan: 21 meals/week & 4 guest swipes/semester

17 Meal Plan: 17 meals/week, \$75 Flex/semester &
4 guest swipes/semester

12 Meal Plan: 12 meals/week, \$300 Flex/semester &
4 guest swipes/semester

Flex dollars are like money on a debit card. You can use these in retail locations in the Mess Deck & WayPoint and on the Everyday dining app for food ordered from the Ghost Kitchen rather than paying cash.

Students living off-campus who are interested in a meal plan can check out the different [Voluntary Meal Plans](#) available to them.

Have additional questions? Check out [Dining Service's website](#).

HOW TO CONTACT US

Carmen Montes

carmen.montes@sodexo.com

207.326.2461

Chelsea Champagne

chelsea.champagne@sodexo.com

General Email

diningservices@mma.edu

CASTINE HIGHLIGHTS: BANKS

In Castine, there are three banks, all of which are within walking distance from campus.

Bangor Savings

Located On Battle Avenue

Camden National Bank

Located On Water Street

University Credit Union

Located In Alford Student Center On Campus. Video Teller & ATM Only.

RA HIGHLIGHT

Landen Parks



MAINE MARITIME ACADEMY
WHERE A SMALL COMMUNITY
FEELS LIKE A LARGE FAMILY

UPCOMING DATES

New Student Orientation

Saturday, July 15

Roommate Selection: Closes July 17

If you find someone you want to room with this year, you can make a roommate request. If you don't have someone in mind, no worries, the answers to the personality questions you provide on your housing app will help us pair you up with a roommate.

Roommate Notification: July 24 By 4PM

Log on to your [MyStudentLife](#) portal to find out who your roommate is going to be.

Hometown: Orono, Maine

Year: Sophomore

Majors/Minor: Marine Biology and Small Vessel Operations with a minor in Oceanography and Environmental Sustainability

Do You Have Any Pets?

Three dogs - Kiwi, Kinzey & Tessie, and a 3 legged hamster named Rita

What Are Your Hobbies?

Hiking, camping, flipping over logs to look for salamanders, reading, and hammocking

What's Your Favorite Food?

Any flavor of ice cream!

Did You Know:

The Tug Pentagoet
can hold 12,000
gallons of fuel?!?!?

WHERE'S THE ANCHOR?

Hidden somewhere in this issue of **UNDER WAY** is a mini anchor, the logo of MMA Athletics. If you spot it, email its location to Dan Gardner (daniel.gardner@mma.edu) by July 21 to be entered into a random drawing for a \$20 gift card to the MMA Bookstore.