



## Regimental Uniform Measurement Worksheet (Female)

## PLEASE DO NOT GUESS YOUR MEASUREMENTS

Your uniforms are a financial investment, so we want to be sure that you get the right size & the best possible fit. Good measurements helps us do that. The video link below may be helpful to you. https://www.youtube.com/watch?v=1W66i-Ln2P0

Name (Last, First) Email (mma.edu) Cell #

Cell #		HAT SIZE
Height (Inches)	GUIDE	COLLAR
Weight (LBS)	Bust: With arms relaxed down at sides, measure over the	
	fullest part of your chest, keeping tape parallel to the floor.	BUST
Bust (Inches)	Waist: Measure around your natural waistline; keep your	
	measuring tape comfortably loose.	WAIST
Waist (Inches)	Hip: Stand with heels together. Measure around the fullest	
	part of your hips.	HIPS
Hips (Inches)	Outseam: Measured from the top of the waistband, down	i
Outseam (Inches)	the side to the bottom of the hem.	
	Inseam: Measure standing from the crotch seam to the	
Inseam (Inches)	desired length.	
	Collar/Neck: Measure the circumference of the neck by	
	keeping one finger between the measuring tape and the	SKIRT LENGTH
Collar/Neck (Inches)	neck itself.	
Arm Length (Inches)	Arm Length: Stand with arms relaxed. Measure from the	
	bone in the center of the back of the seam, and continue	
Hat Size (Inches)	around the elbow to the wrist bone.	
	Hat Size: Measure the circumference of the head.	
Instructions		

## Instructions

Upon completing your measurements, please:

(1) Save your PDF with the following naming convention: LastName.FirstName.UniformMeasurementWorksheet.pdf
(2) Forward your "Uniform Measurements Worksheet" to the following email address: 0861mgr@follett.com

If you have questions, please contact the Bookstore Manager at: Tel: 207-326-9333 | Fax: 207-326-9220 | Follett # 0861

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