

Options for a Victim of Sexual Assault*

SEEK CONFIDENTIAL ASSISTANCE	Seek Medical Assistance to Document the Assault	SEEK SUPPORTIVE MEASURES	SEEK INFORMAL RESOLUTION	ENGAGE IN THE GRIEVANCE PROCESS	REPORT TO AUTHORITIES (POLICE)	SEEK CONFIDENTIAL ASSISTANCE
Does this require an official complaint? **						
NO	NO	NO	YES	YES	NO	NO
What does the option entail?						
Confidential reporting means that you engage with MMA's counseling services to discuss your options and to begin the healing process. Our counselor must report to the Title IX Coordinator that 1. there is a case, 2. whether both parties are MMA students and 3. where the sexual assault occurred but they share no names or details. This is necessary to determine if the assault meets the criteria to be reported in MMA's Clery crime statistics. If you wish to engage with a service that is not connected to MMA, you may contact AMHC at 1-800-871-7741.	A SAFE (Sexual Assault Forensic Examiner) Nurse will perform a specific exam to collect evidence that is stored and can be used in a criminal case. You may request that the evidence be saved with a number rather than your name. The exam is free. To initiate this process, contact a local hospital and ask for A SAFE examination.	Supportive measures restore or preserve equal access to education, protect your safety and deter further incidents. These individualized services may include academic accommodations, residence hall moves, counseling, no-contact orders, class schedule changes or other measures reasonably available.	The informal resolution (IR) process is a voluntary, structured interaction between involved parties (complainant and respondent) to resolve the allegations following the filing of a formal complaint and prior to a formal hearing on the allegations. The informal resolution process is intended to be flexible while also providing for a full range of possible outcomes. The IR will not require the parties to confront each other or even be present in the same room. The Title IX Coordinator is the sole administrator who determines if an informal resolution is appropriate given the allegations.	The complaint will be investigated by MMA's Title IX investigator. The alleged perpetrator will be informed of the charge against them. All parties including any witnesses will be interviewed. Following the completed investigation, a hearing will be held to determine responsibility and, if responsible, sanctions. Both parties have the opportunity, and are encouraged, to have an advisor. The advisor may be an attorney.	If you wish to file a complaint with local authorities, you can call them directly. If you would like assistance with contacting or support while you file your report, the Title IX Coordinator can provide an advocate who can support you through this process.	Submit an anonymous report to the Title IX Coordinator through the form on the website . While no action can be taken as the report is anonymous, the report provides critical information to the Academy regarding the frequency of assaults or assaults and could be used as evidence of predation if the perpetrator is identified in other assaults.
Will I have to face the person who did this to me?						
NO	NO	NO	NO	YES	Potentially if the case is investigated and goes to trial.	NO
Where or with whom do I start?						
MMA's Counseling Services. Counselors may be reached at 207-326-2419 or counseling@mma.edu . After normal business hours, call Campus Safety at 207-326-2419 and ask to be put in contact with the counselor ASAP. You may also choose to contact AMHC Sexual Assault Services at 1-800-871-7741.	There are trained SAFE nurses at St. Joseph's Hospital and Eastern Maine Medical Center in Bangor. You can call AMHC at 1-800-871-7741 and ask that they provide an advocate who can arrange for and/or accompany you to the exam. You may also contact MMA's Title IX Coordinator who can do the same. This needs to be done within 7 days of the assault but the evidence collected can be saved for up to 8 years until you decide whether to report to the police.	Please contact MMA's Title IX Coordinator by phone or email. You may also stop by the Title IX Coordinator's office in person. You may also contact MMA's Title IX Investigator/Deputy Director via phone or email. You may also stop by the Title IX Investigator/Deputy Director's office in Curtis Hall.	Please contact MMA's Title IX Coordinator by phone or email. You may also stop by the Title IX Coordinator's office in person. You may also contact MMA's Title IX Investigator/Deputy Director via phone or email. You may also stop by the Title IX Investigator/Deputy Director's office in Curtis Hall.	Please contact MMA's Title IX Coordinator by phone or email. You may also stop by the Title IX Coordinator's office in person. You may also contact MMA's Title IX Investigator/Deputy Director via phone or email. You may also stop by the Title IX Investigator/Deputy Director's office in Curtis Hall.	Please contact Maine State Police, Troop J, in Ellsworth at 1-800-432-7381. You may also contact the Hancock County Sheriff at 207-667-7575. If you are in danger or need immediate medical services, please call 911.	Please submit a report on the MMA website or on the MMA app. On the app, the reporting form can be found under the Student Life menu

* Victims can choose more than one option.

** Definition of official complaint: An official complaint involves meeting with the Title IX Coordinator to specifically file a complaint. You can meet with the Title IX Coordinator to discuss options and then choose not to pursue an official complaint.

This document is intended to serve as a summary reference for options. The information is abbreviated and does not reflect all steps or details for each option. Please contact the Title IX Coordinator for more detailed information. You may request this information without disclosing your name.